

Questions for the Health and Well Being Board meeting 4th December 2015

How death rates compare for people with serious mental health conditions

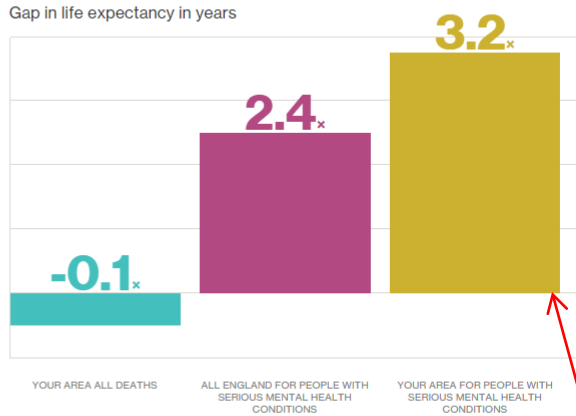
In England, people living with a serious mental health condition are more than twice as likely to die before the age of 75.

Here we show you for your area:

The blue bar: compares people in your area generally with the population of the UK. This tells you whether people in your area are more or less likely to die before 75 compared to the country.

The purple bar: compares how much more likely people with serious mental health conditions in the UK are to die before the age of 75 compared to the rest of the population. People with serious mental health conditions are 2.4 times more likely to die before 75 compared to the general population.

The yellow bar: compares people with serious mental health conditions in your area with the rest of the country.

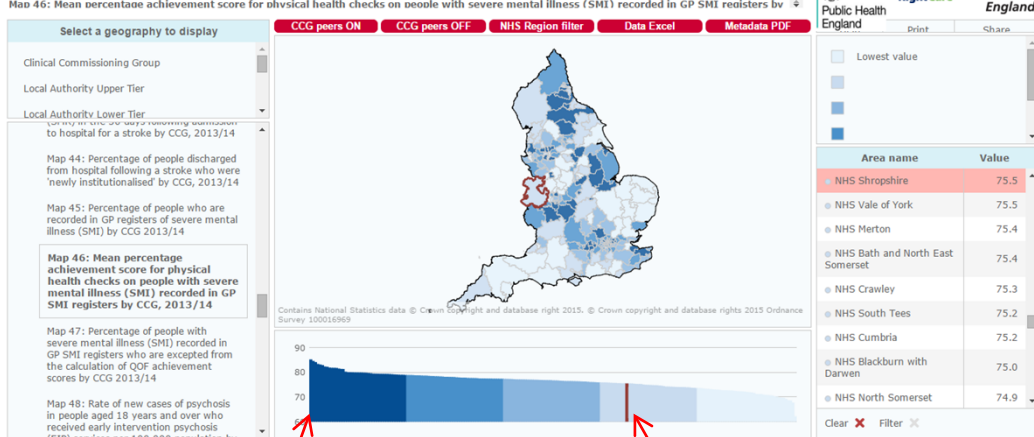


Worse than expected in your area
 In your area, people with serious mental health conditions have a very high rate of premature death. It is significantly higher than the rate of mortality affecting people with mental health conditions elsewhere in the country.

Shropshire

Source: <https://www.thersa.org/action-and-research/rsa-projects/public-services-and-communities-folder/mental-health/living-area.html/>

NHS Atlas of Variation in Healthcare 2015



Top performing CCG

Shropshire CCG

Question 1

Bearing in mind the two sets of data provided above when will the mean % achievement score for physical health checks on people with severe mental illness in Shropshire improve to match that of the top performing CCG in the country?

Source: http://www.rightcare.nhs.uk/atlas/2015_IAB/atlas.html

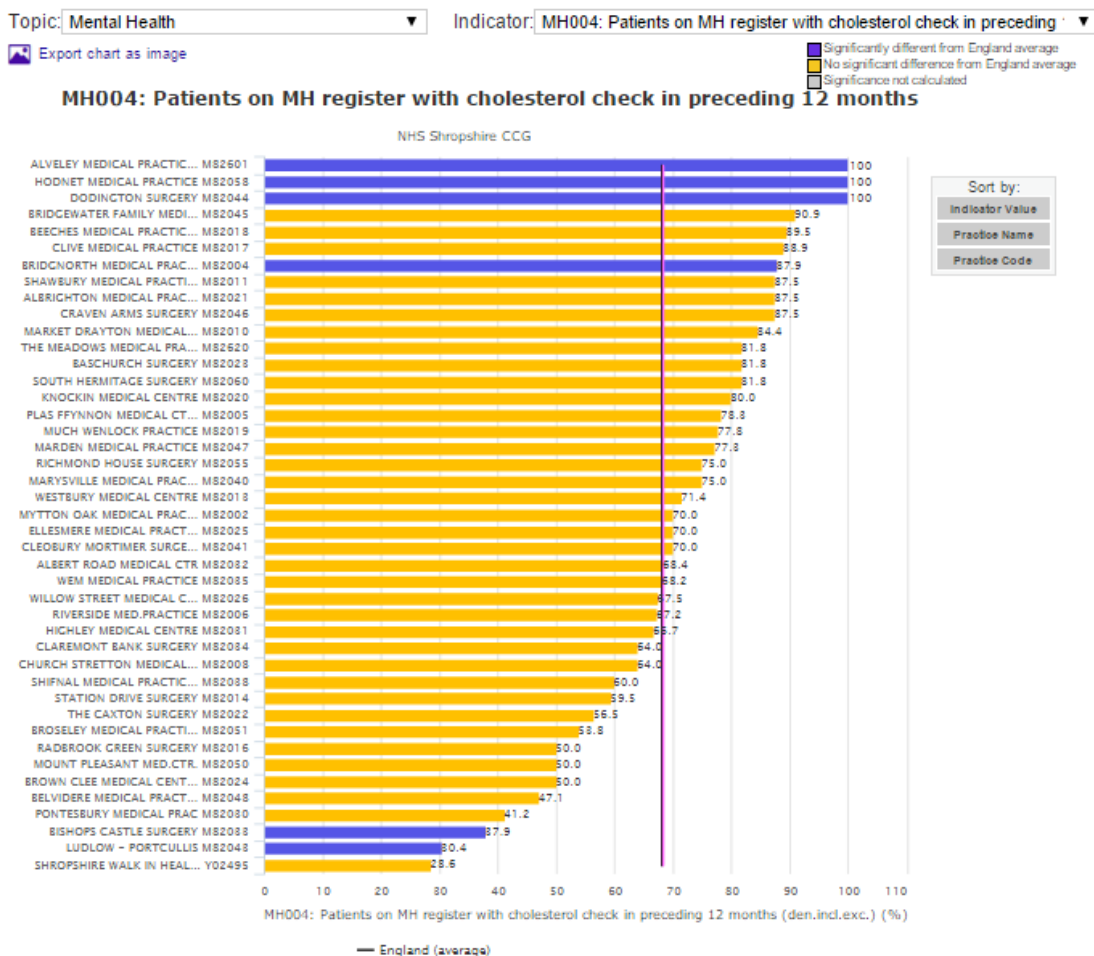
Answer: The gap in life may be due to us having higher suicide rates as this tends to impact on life expectancy compared to the other conditions that have been included. The modelling of the impact of different conditions in people with serious MH issues has been based on a study that looks at ‘Contributions of specific causes of death to loss of life expectancy in serious mental illness’.

The atlas of variation one is based on 6 measures that include things like cholesterol, BMI, Cervical Screening checks and is an average of the 6 indicators, meaning there could be considerable variability between the indicators. This could link to the care of people on disease registers (as MH patients are) not receiving the same opportunities in terms of prevention services and checks as people who have an NHS health check.

The CCG is working with GPs to improve the care people receive. As Mental Health is one of the HWBB Exemplar areas of development, the action planning will include working with GPs to improve the outcomes of people with mental health issues, and the information above will help this process.

Question 2

Can the Health and Wellbeing Board note the variation in GP performance shown below and put in place an action plan to raise standards for all practices in Shropshire to meet those of the best performers in the county?



Answer: This measures a QoF indicator (MH patients having a cholesterol check), with these there is usually considerable variability it will be worth working with GPs to understand what those at the top are doing to make sure their patients are seen. Again, this is something that we can include in our Exemplar action planning.

Question 3

“The HWB will focus on prevention and wellbeing.”

Source <https://shropshire.gov.uk/committee-services/documents/s8635/8%20Appendix%20Draft%20HWBB%20Strategy.pdf>

A) Has the H&W Board any evidence of its effectiveness to date regarding this priority?

B) How much financial resource will members (including system leaders) of the H&W Board put into prevention during the period of the draft strategic plan?

Answer: a) There is plenty of evidence of HWBB and other partnership activity that supports and focusses on prevention and wellbeing, including:

- The Better Care Fund, falls prevention, community care coordinators, Integrated Community Services, keeping people independent for longer - strengthening communities,
- Strengthening families through early help
- Healthy Child Programme, family nurse partnership, school nurse programme, health visitors, integrated 2 yo check, TaMHS,

While many of the programmes we deliver in Shropshire are evidence based, the evidence of effectiveness of specific programmes in Shropshire is variable and has been a weakness of the previous HWBB plan. The Public Health Outcomes Framework demonstrates that we have reasonable overall health, however we have made an improvement in our life expectancy and a decline in our healthy life expectancy. We have also not made measurable difference with health inequalities. The Child Health Profiles (CHIMAT) report shows that the health of our children is reasonably good and we have made an improvement with regard to Children Mortality rates, and smoking in pregnancy.

The new HWB Strategy and Action Plan will use specific measures to understand effectiveness of the whole system Exemplars and the Strategy.

Please see the links below to look at Shropshire performance compared to regional and England averages.

[Link to the Public Health Outcomes Framework](#)

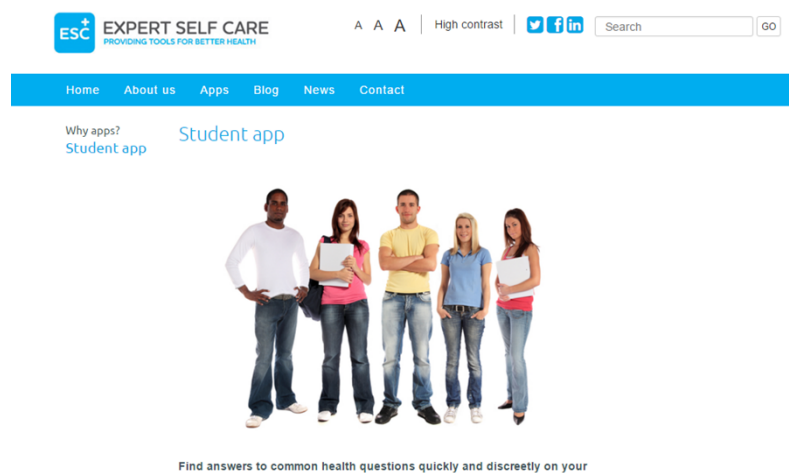
[Link to CHIMAT](#)

B) The financial resources will be included the Better Care Fund and Exemplar Action Planning processes. They are not currently known.

Question 4

Given the Shropshire Council's support for a University¹ presence in Shrewsbury and the recently announced plans to merge Sixth form colleges would the H&W Board like to exploit - for free - the opportunity these changes in Further Education present in order to promote healthy life styles in the young and not so young?

Can the H&W Board consider using its "soft power and influencers" to engage with senior personnel associated with FE in the county and ask if they could include the App facility below in their student induction pack?



Source: <http://www.expertselfcare.com/apps/student-app/>

Answer: Encouraging self-care is an important part of prevention and wellbeing and the HWBB will support the suggestion that FE promote the use of such Aps to their student body. The HWBB would like to encourage the new University and all of our education partners to include age appropriate self-care and health promotion curriculum within their settings.

¹ <https://shropshire.gov.uk/committee-services/documents/s3272/23%20University%20College%20Shrewsbury.pdf>